

Using Mr.Steam® Essential Oils

Enjoy AromaSteam® essential oils by placing a drop or two, into your AromaSteam steamhead as shown in the illustration. Only use Mr.Steam® AromaSteam essential oils in a Mr.Steam AromaSteam steamhead.

! CAUTION

Use essential oils with caution. Essential oils are for external use only. Keep out of reach of children. Essential oils are highly concentrated and are potent substances and should not be applied directly to the skin as they can be irritants. Use essential oils with caution.

! CAUTION

Place the drops into the Mr.Steam AromaSteam steamhead recess prior to turning on the steambath. Do not place drops in a hot steam head as **SERIOUS INJURY CAN RESULT IF YOU DO NOT FOLLOW THIS WARNING.**

! CAUTION

Start with one drop to gauge strength and suitability. Limit to a maximum of a few drops during a steam-bathing session.

! CAUTION

Some people may find that the aroma makes them dizzy and the user should exit the steam bath **IMMEDIATELY**. If skin irritation occurs stop using the oils immediately. Remove any excess oil by washing in mild soap and water. If ingested, rinse mouth with water. Administer water or milk to dilute. Contact a physician immediately.

Tightly close containers when storing oils.
Keep away from sources of ignition.

